# CORPORATE RETREATS

Beverages			Snacks	
White Buffalo coffee (per cup)	3.95		(Sold by the dozen)	
White Buffalo coffee (1.89 liter)		Whole fruit (bananas, apples, oranges)	30.00	
8 cup carafe	36.00		Individual yogurts (per dozen)	30.00
White Buffalo coffee			Mini croissants (per dozen)	36.00
24 cup urn	110.00		Assorted muffins (per dozen)	48.00
Assorted teas (per bag)	3.95	(GF)	Gluten free muffins (per dozen)	60.00
Punch (per liter) (non alcoholic)	13.00		Mini danish (per dozen)	36.00
Milk or chocolate milk	4.50		Cookies (per dozen)	28.00
Soft drinks canned	2.95			
Perrier (sparkling water)	4.50			
Dasani (still water)	4.50			
Juice (orange or apple) per 1.8 liter pitcher	18.00			
Berry and yogurt smoothies	6.95			



## Morning Smoothie Breakout

(minimum 10 people)

Freshly brewed coffee, decaffeinated coffee and tea

Mixed berry, banana and oat milk smoothies Dark chocolate cranberry and almond bites Sliced fresh fruit and berry platter

• 18.00 per person

### Afternoon Cookie Breakout

(minimum 10 people)

Freshly brewed coffee, decaffeinated coffee and tea

Assortment of fresh baked cookies Selection of canned soft drinks Individual bags of chips

• 15.00 per person

## Afternoon Snack Break

(minimum 10 people)

Selection of canned soft drinks Vegetable crudites with hummus and Ranch dip Bothwell cheese and crackers Strawberries and cream

• 18.00 per person

### Afternoon Health Break

(minimum 10 people)

Assorted fruit juices Assorted individual yogurts Assortment of granola bars

• 8.50 per person

## Continental Breakfast

(minimum 10 people)

Orange and Apple juice
Freshly brewed coffee, decaffeinated coffee
and tea

Selection of freshly baked pastries and muffins Fresh fruit and berry platter

• 19.00 per person

### Breakfast Buffet

#### (minimum 20 people)

Freshly brewed coffee, decaffeinated coffee and tea

Orange and Apple juice Selection of freshly baked pastries and muffins Jams and butter

Fresh fruit and berry platter

Scrambled eggs

Bacon

Sausage

Hash browns

28.00 per person

# Executive Breakfast Buffet

(minimum 20 people)

Freshly brewed coffee, decaffeinated coffee and tea

Orange and Apple juice Selection of freshly baked pastries and muffins Jams and butter

Fresh fruit and berry platter

Eggs benedict with ham and hollandaise sauce

**GF**) Bacon

Sausage

Hash browns

• 31.00 per person

### Power Breakfast

#### (minimum 20 people)

Freshly brewed coffee, decaffeinated coffee and tea

GF Spinach, kale, mushroom and Swiss cheese frittata
Build your own parfait (cottage cheese, yogurt, granola and fruit salad)

Berry smoothie (mixed berries, soy milk, orange juice, and banana)

• 24.00 per person





#### **Lunch Buffets**

## Soup, Salad and Sandwich Buffet (minimum 20 people)

Assortment of premade sandwiches to include: ham and Swiss cheese, turkey and cheddar cheese, grilled vegetable and hummus, tuna and egg salad on a variety of breads, rolls and wraps.\*

#### Salad (select one)

Caesar Salad

- GF Spinach and berry
- Tossed garden salad
- **GF** Apple and greens

#### Soup (select one)

- **GF** Potato and leek
- **GF** Butternut squash
- (GF) Tomato basil
- (GF) Truffle and parsnip
- **GF** Creamy mushroom

Assortment of fresh baked cookies\*
Coffee, decaffeinated coffee and tea

• 31.00 per person

## Roasted Chicken Lunch (minimum 20 people)

Assorted rolls and butter

#### Salad (select one)

Caesar Salad

- GF Spinach and berry
- (GF) Tossed garden salad
- (GF) Apple and greens

#### Chicken

GF Herb roasted chicken breast with choice of sauce: Mushroom Cream, Mustard Demi

#### Potato or Rice (select one)

- Fig. Herb and mustard roasted baby potato or
- (GF) Garlic mashed potato
- GF Chef's choice seasonal vegetables Choice of sliced fresh fruit or assorted cookies\* Coffee, decaffeinated coffee and tea
  - 33.00 per person

## **Gourmet Sandwiches, Salad and Soup**

#### (minimum 20 people)

An assortment of gourmet sandwiches and wraps to include but not limited to: Black Forest ham with gruyere, roast beef with caramelized onions and horseradish aioli, bbq chicken and bacon, smoked turkey with basil aioli, grilled vegetable with hummus.\*

#### Salad (select one)

- Caesar Salad
- Spinach and berry
- GF Tossed garden salad
- Apple and greens

#### Soup (select one)

- Potato and leek
- GF Truffle and parsnip
- GF) Butternut squash
- GF) Tomato basil
- **GF** Creamy mushroom

Assortment of fresh baked cookies\*
Coffee, decaffeinated coffee and tea

• 34.00 per person

## **Greek Lunch** (minimum 20 people)

Assorted rolls and pitas with butter

- (GF) Lemon chicken soup
- Greek Salad Spanikopita
- GF Lemon and oregano potatoes
- Roast chicken breast with tzatziki
- GF Fresh sliced fruit and berry selection with Greek yogurt and honey Coffee, decaffeinated coffee and tea
  - 38.00 per person

#### **Dessert substitutions**

Apple and berry cobbler Banana bread pudding Assortment of fresh baked cookies\*

- GF) Sliced fresh fruit and berry platter
  - \*Add gluten free sandwiches and cookies
  - 3.00 per person





Food Allergy Concerns?

Please talk to our catering office staff in advance about gluten, lactose or other dietary considerations, and we will be pleased to accommodate.

### **Lunch Buffets**

#### **Mediterranean Lunch** (minimum 20 people)

Rosemary Focaccia with balsamic vinegar and olive oil

(GF) Caprese salad with fresh tomato, red onion, basil and bocconcini with red wine vinaigrette on baby spinach leaves

> Caesar salad with parmesan cheese and garlic croutons

Spaghetti bolognaise

(GF) Roasted mushrooms, zucchini, red peppers and onions with Italian parsley and thyme

> Chicken parmigiana with mozzarella and roasted garlic tomato sauce

Tiramisu torte

Coffee, decaffeinated coffee and tea

• 45.00 per person

#### **Taste of the Orient Lunch** (minimum 20 people)

Tiger Slaw with shredded cabbage, carrots, peppers, green onion and crispy wontons tossed in spicy ginger soy vinaigrette

- (GF) Hot and sour vegetable soup
- **(GF)** Mushroom fried rice
- **(GF)** Crispy honey garlic chicken
- (GF) Teriyaki vegetable stirfry
- (GF) Pork chow mein with shiitake mushrooms, celery and onions

Selection of dessert slices

Coffee, decaffeinated coffee and tea

• 42.00 per person

#### **Southern BBQ Lunch** (minimum 20 people)

Rolls and butter

- Chipotle and lime creamy coleslaw
- Southern style potato salad
- (GF) Roasted corn on the cob Spicy Mac n Cheese
- Smoked BBQ brisket

Berry cobbler

Coffee, decaffeinated coffee and tea

• 49.00 per person

#### **Dessert substitutions**

Apple and berry cobbler Banana bread pudding Assortment of fresh baked cookies\* Sliced fresh fruit and berry platter

- \*Add gluten free cookies
- 3.00 per person

